

School-Based Treatment of Anxiety and Depression Presentation Links

Texas Public Schools Best Practice-Based Resources

- <http://www.dshs.texas.gov/mhsa/Public-Schools-Best-Practice-Based-Resources.aspx>

Needs Assessment of the System -

- Wisconsin School Mental Health Framework -
<https://dpi.wi.gov/sites/default/files/imce/sspw/pdf/mhframework.pdf>
- WISCONSIN SCHOOL MENTAL HEALTH NEEDS ASSESSMENT -
<http://dpi.wi.gov/sites/default/files/imce/sspw/pdf/mhneedsassessmentfill.pdf>

Evidenced-based Practices –

- **SAMHSA: National Registry of Evidence-based Programs and Practices.**
<http://www.nrepp.samhsa.gov/>
- **Promising Practices Network.** <http://www.promisingpractices.net/programs.asp>
- **CASEL: Collaborative for Academic, Social and Emotional Learning (SEL programs).** <http://www.casel.org/programs/index.php>
- **CSPV: Prevention Research Center for the Promotion of Human Development at Penn State, the Center for the Study and Prevention of Violence.**
<http://prevention.psu.edu/>
- **USDOE: The United States Department of Education’s Exemplary and Promising Safe, Disciplined, and Drug-Free Schools Programs 2001 (USDOE) (US).**
<http://www.ed.gov/admins/lead/safety/exemplary01/exemplary01.pdf>
- **CSMHA: Center for School Mental Health at the University of Maryland School of Medicine (Recognized Evidence-based Programs Implemented by Expanded. School Mental Health Programs).**
<http://www.schoolmentalhealth.org/Resources/Clin/QAIRsrc/Summary%20of%20Recognized%20Evidence%20Based%20Programs6.14.08.doc>
- **Blueprints for Violence Prevention: Center for the Study and Prevention of Violence, University of Colorado at Boulder.**
<http://www.colorado.edu/cspv/blueprints/matrix.html>
- **OJJDP: Office of Juvenile Justice and Delinquency Prevention, US Department of Justice.** <http://ojjdp.ncjrs.gov/programs/mpg.html>
- **Find Youth Info: Evidence-based Program Directory.**
<http://www.FindYouthInfo.gov/ProgramSearch.aspx>
- **The California Evidence-based Clearinghouse.** <http://www.cebc4cw.org/search/select>

Tier 1 Resources

- Collaborative for Academic, Social, and Emotional Learning (CASEL.org)
 - Preschool & Elementary Guide - casel.org/wp-content/uploads/2016/01/2013-casel-guide-1.pdf
 - Middle School & High School Guide - casel.org/middle-and-high-school-edition-casel-guide/
- Mindfulness in Public Schools - <http://www.mindfulnessink12education.com/>
- Web-based Mindfulness Resources –
 - <https://www.mindful.org/4-signs-poorly-designed-school-mindfulness-programs/>
 - <https://www.mindful.org/mindfulness-schools-can-provide-lifeline-teens/>
 - <http://www.calmclassroom.com/>
 - <https://learning2breathe.org/>
 - <https://mindfulnessinschools.org/>
 - <http://themindfulnessinitiative.org.uk/publications/building-the-case>
 - <http://missionbe.org>

Screening Tools –

- Connecticut Trauma Screener - <http://www.chdi.org/our-work/mental-health/trauma-informed-initiatives/ct-trauma-screen-cts/>
- SBIRT - <http://www.wishschools.org/resources/schoolsbirt.cfm>

CSMH SHAPE System - <https://theshapesystem.com/>

Additional Resources –

- NASP Framework for Safe and Successful Schools - <http://www.nasponline.org/resources/framework-safe-and-successful-schools.aspx>
- NASP Framework for School-wide Bullying Prevention and Safety - http://www.nasponline.org/resources/Bullying/Bullying_Brief_12.pdf
- NASP Practice Model Implementation Guide - <http://www.nasponline.org/standards-and-certification/nasp-practice-model>
- NASP White Paper on School Psychologists as Mental and Behavioral Health Providers - https://www.nasponline.org/assets/Documents/Research%20and%20Policy/Position%20Statements/WP_Qualified_Mental_and_Behavioral_Health_Professionals.pdf
- NASP Behavioral and Mental Health Resources - <http://www.nasponline.org/resources-and-publications/resources/mental-health>
- NASP Online Learning Center - <https://nasp.inreachce.com/>