Special Education Counseling

Behavior/Social Problems Predominate

- Time-limited individual counseling
- Focused training group (social skills, anger control, etc.)

Behavioral consultation

Emotional Problems Predominate

- Adjustment problems in response to identifiable stressors
- Well-defined emotional concerns

- Time-limited individual counseling
- Focused topic group (divorce, loss, coping, etc.)

Informal consultation

- Regular individual counseling
- Crisis management

Ongoing consultation with school personnel, parents, & outside professionals

Intense, pervasive emotional problems of long duration

Recommendation to parents for private treatment to address non-school related problems, medication management, or family issues

- Ongoing collaboration among educational & private professionals
- Access to appropriate community resources to supplement school-based services